

BELIEVE

IN

YOURSELF



**SPEAK
FROM
YOUR
HEART**





FOCUS
ON YOUR GOAL
NOT
YOUR EGO

**COMMUNITY
CHANGE
IS NOT A
*SPRINT***

EXPECT

THE UN

EXPECTED



EMOTIONS
AND BODILY
RESPONSES
ARE
PART OF
THE WORK

TRUTH

TRUTH

TRUTH

**IS NOT THE SAME
FOR EVERYONE**

**VARIED PERSPECTIVES
ARE CRUCIAL:**



**LISTEN AND LOOK
CLOSELY**

DON'T WAIT FOR



THE MONEY

**“EXPERTS ON TAP,
NOT ON TOP,”**



BE DOGGED

**BUT
NOT
IN
FL
EX
IB
LE**

AVOID
POLITICS
AND
RELIGION



IF THEY
SLOW YOU DOWN

IF YOU DON'T ASK,



YOU DON'T FIND OUT





**TELL STORIES
WITH IMAGES**



AND/OR

WORDS



**WHEN YOU PUT
YOUR HEAD
ABOVE THE PARAPET,
BE READY
FOR ATTACKS**



**HAVING A PHYSICAL
LOCATION MATTERS**



WORK ACROSS GENERATIONS





**SOMETIMES
YOU MUST
MAKE
YOUR OWN
RULES**



THANK



YOUR FRIENDS

AND FAMILY



A graphic of a clipboard with a checklist. The clipboard has a thick black border and a light purple interior. At the top is a black handle. The checklist consists of five items, each in a black rectangular box with white text. The items are: RENEW:, BREATHE, LAUGH, SLEEP, and EXERCISE.

RENEW:

BREATHE

LAUGH

SLEEP

EXERCISE



20 TIPS & TRICKS COMMUNITY ACTIVISTS